

News from ^{LXXV}
Bridge House
CARE HOME

Dear friends,

With the arrival of a crisp new season and the return of our beloved autumn traditions, we've been reminiscing about the delightful and joy-filled summer we have had here at our home.



Charity car wash

Our charity car wash was a huge success and a fun way of raising funds for our friends at Sobell House Hospice.

Everyone rallied round to play their part, including our supportive Bridge House team, residents' families, and our volunteer Ray. We even had a drive-through service, to the delight of the residents, who had a great time getting their wheelchairs and walkers washed!

We had the music playing and everyone was dancing in the street. As you can imagine there were lots of water fights, not even the postman was safe!

A treat for the senses



Our newly introduced Namaste Care sessions have been well-received and have been especially impactful on our residents living with dementia.

The regular care sessions focus on stimulating the senses and are designed to support the sensory, physical, and emotional needs of our residents through massage and holistic therapies. The benefits have been remarkable, bringing peace, comfort, and a deeper sense of togetherness.

Held in a soothing environment with calming images and lights, aromatherapy, and music, our residents can take part in small groups or one-on-one in their rooms. We are committed to exceptional, person-centred care and each resident has a personalised Namaste care bag with meaningful items to enhance connections.



80th anniversary of D-Day

At the start of June, we joined the rest of the country in marking the 80th anniversary of D-Day with a special visit from RAF Station Commander Claire O'Grady. Resident Dennis Charlton was at the centre of our celebration. The 100-year-old veteran was stationed in Eastbourne and across Europe during World War II and played a crucial role during the D-Day landings.

Keen to fight for his country, Dennis claimed to be older than he was, so that he could enlist in 1940. He went on to serve with honour and dedication throughout the war and beyond.

Dennis shared his reflections on the war and his sense of duty and gratitude. He also talked about his life experiences and remarkable achievements, including becoming the oldest person in England to get a hole-in-one at golf at the age of 96!



Pie and a pint

Father's Day at our care home is always a special occasion. This year, we made every effort to make it unforgettable for all of our beloved dads.

Our gents enjoyed a pie and a pint to mark the occasion with their families and received special cards and gifts. Local singer Neil came in to provide the entertainment and had everyone singing or dancing along.

We had a wonderful time reminiscing over old photos and sharing stories that brought back a flood of happy memories.



With love,
Anita Radecka
Acting Home Manager

Bridge House Care Home and The Riverly Club, Thames View,
Abingdon, Oxfordshire OX14 3UJ, Tel: 01235 425 488

We always love reading your comments on Facebook!
Here are a few recent ones:

"Truly amazing what the staff do, not only for the residents but for the families and friends. Always great to see so many smiling faces." Ray

"Everyone looks so happy. Delish food and amazing events." Ruthie

"Wish I lived nearer to join in the wonderful times you all have." Jennifer



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